GENERAL SERVICES ADMINISTRATION

Federal Acquisition Service Authorized Federal Supply Schedule FSS Price List

On-line access to contract ordering information, terms and conditions, up-to-date pricing, and the option to create an electronic delivery order are available through GSA *Advantage!*®, a menu-driven database system. The INTERNET address GSA *Advantage!*® is: GSAAdvantage.gov.

Multiple Award Schedule

FSC Group: Professional Services - Training FSC Class: Leave Blank Contract number: 47QSMS24D001V

Contract period: January 10, 2024 through January 9, 2029



Inspiration Creek Management Consultants LLC 22921 E Del Norte Circle Aurora, CO 80016

Phone: 720-500-2555
Contractor's internet address/web site where schedule information can be found: www.icmc-llc.com

Contract administration source: Ralph Charlip icmc-llc@comcast.net 720-500-2555

Business size: Small
List Socioeconomic status: Service Disabled Veteran Owned Small business, SBA Certified Small
Disadvantaged business

For more information on ordering from Federal Supply Schedules go to the GSA Schedules page at GSA.gov.

This is the MOST RECENTLY awarded Contractor Initiated Modification and does NOT include any Mass Modifications
Prices Shown Herein are Net (discount deducted)

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CUSTOMER INFORMATION

1a. Table of awarded special item number(s) with appropriate cross-reference to item descriptions and awarded price(s).

SINs	Recovery	SIN Title
611430	611430RC	Professional and Management Development
		Training
OLM	OLMRC	Order Level Material

1b. Identification of the lowest priced model number and lowest unit price for that model for each special item number awarded in the contract. This price is the Government price based on a unit of one, exclusive of any quantity/dollar volume, prompt payment, or any other concession affecting price. Those contracts that have unit prices based on the geographic location of the customer, should show the range of the lowest price, and cite the areas to which the prices apply. See Page 6

1c. If the Contractor is proposing hourly rates, a description of all corresponding commercial job titles, experience, functional responsibility and education for those types of employees or subcontractors who will perform services shall be provided. If hourly rates are not applicable, indicate "Not applicable" for this item. See Page 6

2. Maximum order: SIN 611430: \$

SIN OLM: \$250,000

3. Minimum order: \$100

4. Geographic coverage (delivery area). Domestic.

5. Point(s) of production (city, county, and State or foreign country). 22921 E Del Norte Circle Aurora, CO 80016

- 6. Discount from list prices or statement of net price. Government Net Prices (discounts already deducted.)
- 7. Quantity discounts. 1% discount minimum 6 training sessions within 1 year, 20 participants per Session.
- 8. Prompt payment terms. Information for Ordering Offices: Prompt payment terms cannot be negotiated out of the contractual agreement in exchange for other concessions. Net 30 days.
- 9. Foreign items (list items by country of origin). Not Applicable

10a. Time of delivery. (Contractor insert number of days.) Contact Contractor

10b. Expedited Delivery. Items available for expedited delivery are noted in this price list. Contact Contractor.

- 10c. Overnight and 2-day delivery. Contact Contractor.
- 10d. Urgent Requirements. Contact Contractor or To Be Determined at the Task Order level
- 11. F.O.B. point(s). Origin
- 12a. Ordering address(es). 22921 E Del Norte Circle Aurora, CO 80016
- 12b. Ordering procedures: See Federal Acquisition Regulation (FAR) 8.405-3.
- 13. Payment address(es). Ordering Address
- 14. Warranty provision. Standard Commercial Warranty Terms & Conditions
- 15. Export packing charges, if applicable. Not Applicable
- 16. Terms and conditions of rental, maintenance, and repair (if applicable). Not Applicable
- 17. Terms and conditions of installation (if applicable). Not Applicable
- 18a. Terms and conditions of repair parts indicating date of parts price lists and any discounts from list prices (if applicable). Not Applicable
- 18b. Terms and conditions for any other services (if applicable). Not Applicable
- 19. List of service and distribution points (if applicable). Not Applicable
- 20. List of participating dealers (if applicable). Not Applicable
- 21. Preventive maintenance (if applicable). Not Applicable
- 22a. Special attributes such as environmental attributes (e.g., recycled content, energy efficiency, and/or reduced pollutants). Not Applicable
- 22b. If applicable, indicate that Section 508 compliance information is available for the information and communications technology (ICT) products and services and show where full details can be found (e.g. contractor's website or other location.) ICT accessibility standards can be found at: https://www.Section508.gov/.
- Not Applicable
- 23. Unique Entity Identifier (UEI) number. GL3DYK7SD1L3
- 24. Notification regarding registration in System for Award Management (SAM) database. Contractor registered and active in SAM

GSA OFFERINGS

SIN	Course Title	Course Description	Course Length	Minimum Participants	Maximum Participants	GSA Price
611430	Self Awareness	Identify, understand, and develop individual strengths and opportunities for development is essential for the Army Leader. Reinforce Executive Core Qualification Leading People by cultivating awareness that developing others starts with self. Through self-assessment of Four Lenses instrument, session participants develop awareness of how personality temperament influences interactions with others	2 days	5	35	1450.88
611430	Leadership Styles and Project Management	Understand various leadership styles, the strengths and weakness of each and how to mitigate the weaknesses. Identify the leadership traits that will help the participant develop themselves. Understand the impact leadership styles have on stakeholders, appreciate the value of ethics and personal values Understand the basic project management concepts of cost, schedule, scope, risk and the value of project planning. They will be able to integrate assessing risk in daily work; be able to create a work breakdown structure. Understand how grief impacts organizational change	2 days	5	35	1450.88
611430	Team Building	Develop/enhance the skills needed to build a team and serve as a member of a team, understand the necessary components of an effective team, recognize the five dysfunctions of a team and how to overcome them, understand the dynamics of small groups, build awareness of the role of inclusion and diversity of thought in group synergy and understand the role of candor and openness in effective group process	2 days	5	35	1450.88
611430	Problem Solving	Understand the different ways and tools to solve a problem Objective: Be able to select and justify the use of a problem-solving model	2 days	5	35	1450.88
611430	Emotional Intelligence	Understand how to identify and manage individual emotions and the emotions of others.	2 days	5	35	1450.88
611430	Effective Communication	Understand the components of effective communication. At the end of the course, the trainee will be able to advanced practice in individual communication	2 days	5	35	1450.88

		skills, Oral communication – tone and context, Giving and receiving feedback, Use of questions as a leadership skill, Listening as a key tool				
611430	Interpersonal Skills and Managing Conflict	Gain understanding of the underlying factors impacting conflict and how to manage conflict in the workplace. The trainee will also explore how mindsets and our values impact our views, Address how to raise different ideas for open discussion, Identify participant approaches to handling conflict, Managing inter-organizational conflict, Tools to reach agreement	2 days	5	35	1450.88
611430	Public Speaking	With the course, the trainee will Know the elements of an effective presentation. Understand the different types of presentations and their uses, developor enhance self confidence in order to speak in front of an audience	2 days	5	35	1450.88

Service Contract Labor Standards: The Service Contract Labor Standards (SCLS), formerly known as the Service Contract Act (SCA), is applicable to this contract as it applies to the entire Multiple Award Schedule (MAS) and all services provided. While no specific labor categories have been identified as being subject to SCLS/SCA due to exemptions for professional employees (FAR 22.1101, 22.1102 and 29 CRF 541.300), this contract still maintains the provisions and protections for SCLS/SCA eligible labor categories. If and / or when the contractor adds SCLS/SCA labor categories to the contract through the modification process, the contractor must inform the Contracting Officer and establish a SCLS/SCA matrix identifying the GSA labor category titles, the occupational code, SCLS/SCA labor category titles and the applicable WD number. Failure to do so may result in cancellation of the contract.

COMPANY INFORMATION

Inspiration Creek Management Consultants (ICMC) is a Service-Disabled Veteran Owned Small Business certified by the US Department of Veterans Affairs. The owner and founder has over 38 years of federal experience which helps ensure we meet the unique needs of federal agencies.

ICMC has three primary lines of business. We create and deliver customer-focused training in three areas: leadership, management and federal human resources. Second, we work with individuals to create resumes that meet the unique requirements of the federal application process. Finally, we provide general consulting services to include planning, organizational development, and federal proposal writing support.

As a company focused on organizational leadership, we are committed to provide the highest quality services to meet your expectations for consulting and workforce development. We offer three lines of business – training, federal resume preparation and consulting in a variety of areas.

Our courses are successful because we remain focused on the customer's needs, use professional tools and never put aside the values that should be part of leadership.